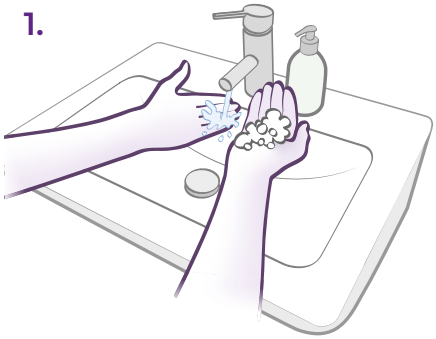
Wellspect®
A REAL DIFFERENCE

LoFric Elle Pro catheter – quick guide

1.



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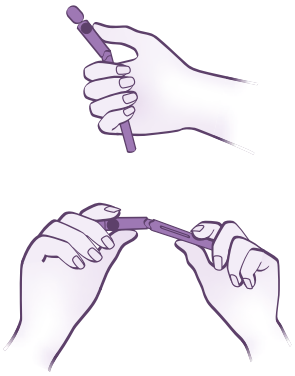

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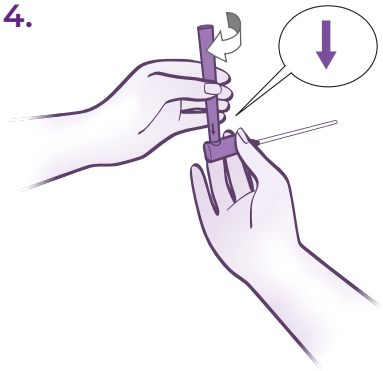

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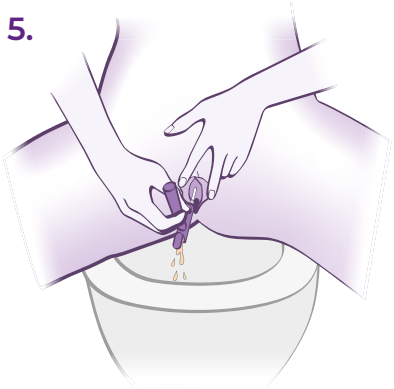

6.

1. Wash your hands thoroughly using soap and water.
2. Open the upper lid.
3. Hold the catheter in your hand and gently bend the upper part to open it. Then pull the catheter out.
4. Connect the container to the catheter with a gentle twist. Make sure the arrow on the container points down.
5. Tilt your pelvis upwards, spread the labia, and lift slightly to locate the urethra.

   The urethra is located just above the vaginal opening. With the other hand, slowly insert the catheter into the urethral opening until urine starts to flow. Insert it slightly further to ensure a steady stream.

   Wait until the urine flow stops, then slowly withdraw the catheter.
6. Put the catheter back inside the container. Dispose, or carry it in your bag until disposal. Please note: the lower container is recyclable.

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LoFric® Elle™

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Important information

LoFric® Elle™ Pro, a single use hydrophilic, ready to use catheter with multiple eyelets, designed to allow for complete bladder emptying without the need for repositioning.

For female users; adults, adolescents and children.

For short and long term bladder management with intermittent urinary catheterisation.

LoFric catheters are for prescription use only.

Ensure to follow the advice and training on the catheterisation procedure given by your Healthcare Professional, before use.

Please refer to instructions for use included in the package, for important information and complete instructions.

Contact your prescriber if you experience difficulties.

At Wellspect, we develop innovative products and solutions that make a real difference in the lives of people managing continence care needs, empowering them to live each day to the fullest. We have been a trusted leader in healthcare for over 40 years with our product brands LoFric® and Navina™, and we continue to expand access to our user-friendly solutions. Every day, we strive to maintain the highest quality standards while minimising the environmental impact of our products. By working closely with users and healthcare professionals, we aim to improve clinical outcomes and enhance quality of life for people around the world.
Wellspect. A Real Difference.

For more information about our products and services, please visit wellspect.co.uk
Join the conversation on LinkedIn, X, Facebook and Instagram.

wellspect.co.uk

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℞ Only